



UKFSC

UNITED KINGDOM FIREFIGHTERS
SAILING CHAMPIONSHIP

EVENT GUIDE

29TH APRIL - 2ND MAY 2024

PRESENTING SPONSOR

Bence



WELCOMING ALL COMPETITORS UKFSC 2024





MEET THE TEAM

COMMITTEE

UKFSC Chair
Mark Coupar
 Vice Chair
Winni Jarvis
 Racing Secretary
Hannah Wilcox
 Treasurer
Andy Wilcox
 Hon. Secretary
Jack James

GENERAL COMMITTEE

Charlotte Conolly
 Helen Cryer
 Jason Deasy
 Sonya Hussein
 Jon Knott

SHORE CREW

Clive Bulled
 Paul Gook
 Dave Moore
 Terry Pullen
 Ian Pullen
 Dave Pullen
 Danny Smith

 Photographer
Charlotte Hunt

WE'D LOVE TO HEAR FROM YOU.....

Get in touch! Share your event opinions and experiences with us by emailing info@ukfsc.org.uk



INSIDE THIS GUIDE...

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ON THE WATER

- 10. **Approaches to Cowes, fairways, and cautions**
- 18. **Hall of fame**
- 19. **Thank you to our sponsors**

SOCIAL

- 11. **Monday 29 April 2024**
The Opening Ceremony
- 13. **Tuesday 30 April 2024**
Island Sailing Club
- 14. **Wednesday 31 April**
The Gala Dinner

PHOTOGRAPHY...

This year's photography is in the expert hands of photographer Charlotte Hunt. Charlotte is very much used to sitting in a RIB (usually in the rain!) taking action shots at her home sailing club in the beautiful Lake District. Please watch out for her on the water and give her a wave as you sail past.

We would also love to see your photos at this year's event. Whether they are action shots out on the water or selfies at the bar we would love for you to share them with us. Please scan this QR code and upload your photos as you go. Maybe you will spot one on display at one of our socials during the week.



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AHOY, SAILORS OLD AND NEW!

It is my absolute pleasure to extend a hearty welcome to each and every one of you to this year's thrilling UKFSC event.

I am pleased to introduce myself as the new chairman of our esteemed sailing community. It's my pleasure to share a deep love for the sea and the exhilarating sport of sailing.

To our returning sailors, welcome back! We are delighted to have you once again grace the event and the waters of the Solent with your presence. Your experiences, stories, and victories are the very fabric of our sailing community, and we cannot wait to witness the racing that lies ahead.

And to those who are joining us for the first time, a warm and enthusiastic welcome! Whether you're a seasoned sailor or dipping your toes into the ocean for the very first time, know that you are among friends. The sea has a way of captivating the soul, and we are thrilled to have you embark on this journey with us.

Allow me also to introduce the remarkable committee of the UKFSC. Comprising of dedicated individuals who embody the spirit of excellence and collaboration, Hannah Wilcox, Winni Jarvis, Jack James and Andy Wilcox. The UKFSC is committed to ensuring that this event is not only unforgettable but also a testament to the joy of sailing.

We look forward to three fantastic nights in Cowes at three different venues. The Opening Ceremony and Curry at Cowes Corinthians, a BBQ and a live band at the Island Sailing Club and finally the Gala Dinner, prize giving, raffle and of course our guest speaker at Cowes Event Centre.

Our guest speaker this year is the tremendously talented Heather Thomas, Skipper of an all-female crew aboard Maiden, who are currently participating in the 2023-24 Ocean Globe Race.

The Ocean Globe Race (OGR) is a fully crewed retro race in the spirit of the 1973 Whitbread Round the World Race. It marks the 50th anniversary of the original event. It's an eight-month adventure around the world for ordinary sailors on normal yachts. Racing ocean-going GRP production yachts designed before 1988, there are no computers, no satellites, no GPS, and no high-tech materials. Sextants, team spirit and raw determination alone in the great traditions of ocean racing are allowed in this truly human endeavour. These will be real heroes pushing each other to the limit and beyond – in a real race!

I'd like to thank Chris Clarke of Fire Investigations (UK) LLP for putting us together.

Finally, as we prepare to hoist our sails and set forth into the Solent, let us embrace the thrill of the racing that awaits. Together, let us continue to forge new friendships, create lasting memories, and revel in the sheer joy of sailing.

Fair winds and following seas to all!



Mark Coupar
UKFSC Chair



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Whether you dream of leading expeditions, guiding outdoor activities, or pursuing a career in outdoor education, our courses are tailored to ignite your passion for adventure.

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- Outdoor Leadership and coaching
- Large scale work placements within the outdoor industry
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Turn your passion into a profession! For more information and to apply, visit bedfordcollegegroup.ac.uk/shuttleworthcollege or visit us at an Open Day!

Start your adventure today!



EVENT ITINERARY

DATE	MONDAY 29 APRIL	TUESDAY 30 APRIL	WEDNESDAY 01 MAY	THURSDAY 02 MAY
SKIPPER'S BRIEFING	18:00 Marque Cowes Yacht Haven	08:30 briefing via the skipper's WhatsApp	08:30 briefing via the skipper's WhatsApp	08:30 briefing via the skipper's WhatsApp
RACE TYPE	Practice day only – no racing	Round-the-Cans	Round-the-Cans	Handicap Pursuit Passage finish to the East of Cowes
RACE START TIME	NA	10:00	10:00	11:00
SOCIAL	Dinner followed by Opening Ceremony 19:00 @ CCYC	BBQ and a Band 19:00 @ Island Sailing Club (ISC)	Gala Dinner & Prizegiving Seated and dinner served from 19:00 Cowes Event Centre	NA
PRIZEGIVING	NA	The days prize winners will be awarded at ISC Main prize giving will be at the Gala Dinner on 01/05/24	Prize winners and main prize giving will be at the Gala Dinner on 01/05/24	ASAP after racing Location TBA

YACHTSMAN TRAVEL INSURANCE

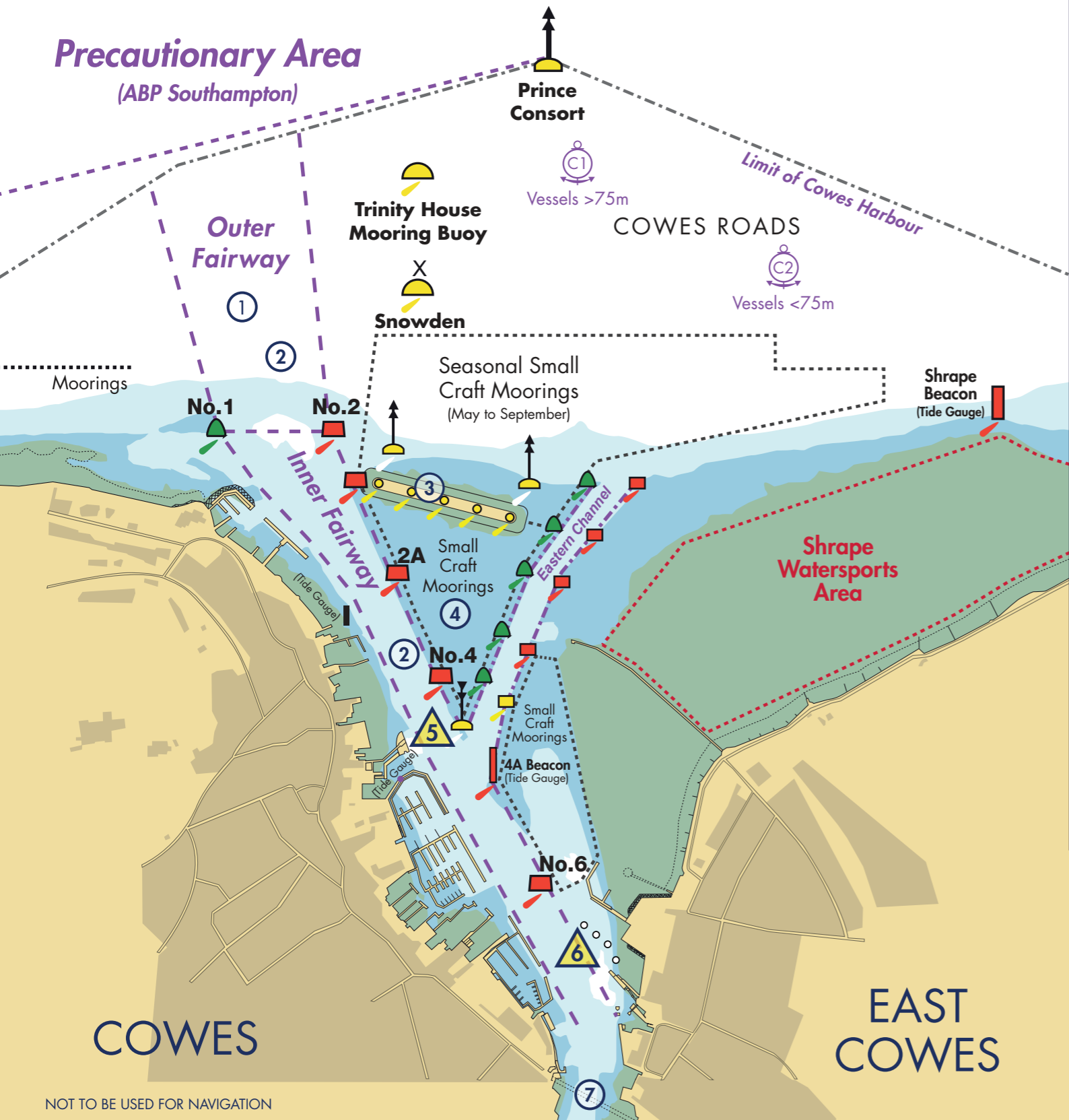


Your yacht charter security deposit can be quite considerable should you sustain any damage during your charter.

Topsail provide cover for this deposit and will give you a 10% discount if you mention UKFSC2024.

To take up the offer, visit their web page: www.topsailinsurance.com or email them at: enquiries@topsailinsurance.com

Precautionary Area (ABP Southampton)



NOT TO BE USED FOR NAVIGATION

- ① Commercial ships/ferries maintain right of way over sailing vessels and vessels <20m in Outer and Inner Fairways.
- ② Strong tidal flows up to 3 knots.
- ③ Breakwater submerged obstruction extends 25m north and south of lit beacons, and to buoys marking western and eastern ends.
- ④ Beware of cross current up to 2 knots between HW-2.5hrs and HW.
- ⑤ Inner Fairway Precautionary Area - Red Jet Turning and Eastern Channel Traffic Convergence Area:
 - Beware of thrust from turning Red Jets. Do not overtake on starboard side of inbound Red Jets.
 - Eastern Channel traffic is advised to give way to Inner Fairway traffic.
- ⑥ Inner Fairway Precautionary Area - Red Funnel Vehicle and Freight Ferry Berthing Area:
 - Vehicle and freight ferries turn to port at No. 6 buoy and leave the Fairway.
 - Do not obstruct ferries arriving or departing East Cowes.
 - Beware of freight ferry frequent manoeuvres between berths at East Cowes terminal.
- ⑦ Give way to Chain Ferry:
 - Beware strong following tides. Ebb tide can exceed 4 knots.
 - Clearance depths over chains vary. Check advice in Local Notices to Mariners.

MONDAY 29 APRIL 2024

OPENING CEREMONY

Cowes Corinthian YC
Cowes



TONIGHTS HOST

We are thrilled that **Cowes Corinthian Yacht Club (CCYC)** are hosting our Opening Ceremony again this year. As well as hosting tonight's event, led by Laurie Tennant and his expert team from CCYC will also be coordinating our Race Management once again this year. **Skippers, please remember**

to join us at 18:00 on Monday 29 April in the **marque at Cowes Yacht Haven** where Laurie and the team will provide a briefing on this year's racing. There are some small tweaks to the format for 2024, so please do come along even if you've competed in this event many times before.

TONIGHTS PROCEEDINGS

- 18:00 Cash bar opens at CCYC for drinks
- 18:45 Guests take their seats at their table
- 19:00 Dinner served
- 21:00 Opening ceremony and team introductions
- 23:00 Last orders at the bar
- 23:30 Thank you and goodnight

TONIGHTS MENU

- Main**
Chicken curry
Rice, Bahjis, Samosas, Saag Aloo and Naan,
Mango Chutney
~
- Dessert**
Ice Cream
Pre- ordered dietary options available





RYA DAY SKIPPER THEORY ONLINE

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Our courses are all filmed from our yacht 'Mipha', amongst the beautiful scenery of the Hebrides, bringing the theory into stunning context.

PREMIUM QUALITY STUDENT PACK
Your online course comes with a student pack containing a set of Blundell Harling Plotter & Dividers, shorebased notes revision book, a 2B mechanical chartwork pencil, practice ropes and other templates and handouts, all stored in a mesh plastic wallet.

SOCIAL CLASSROOM
We aim to bring all the benefits of the classroom to your online course. There are discussion threads on every lesson so you can interact with your peers, and also a student forum for other boat-related chit-chat.

CONTACT US NOW

TUESDAY 30 APRIL 2024



BBQ NIGHT
Island Sailing Club
Cowes



TONIGHTS BAND

BEXTER the 5-piece band from the Isle of Wight is influenced by artists such as Joni Mitchell, Etta James, Peter Green, and the Muppet Band. After raising the roof at the Royal Solent Yacht Club last year, this year they are back, this time at the

Island Sailing Club. With their stunning female vocals, blues guitar, and harmonica, **BEXTER** is a fun party band that will get you dancing and singing along.

TONIGHTS PROCEEDINGS

- 18:00 Cash bar opens for welcome drinks (remember your drinks tokens for tonight!)
- 19:00 BBQ served
- 19:30 Bexter - Band
- 19:45 Day one prize giving
- 23:00 Last orders at the bar
- 23:30 Thank you and goodnight

TONIGHTS MENU

- Island BBQ**
 IOW Beef Burger
 Locally Made Butcher's Pork Sausage
 BBQ Chicken Drumsticks
 Tomato & Onion Cous Cous Salad
 Crunchy Coleslaw
 Potato Salad
 Condiments & Dressings
 Pre- ordered dietary options available

WEDNESDAY 01 MAY 2024

GALA DINNER Haven Events Centre Cowes



TONIGHTS MENU

Starter

Red Onion and Goats Cheese
Tart with Rocket and Aged
Balsamic

~

Main

Pan-fried Chicken with a
Whiskey and Wholegrain
Mustard Cream Sauce seasonal
fresh vegetables & potatoes

~

Dessert

Lemon Posset with blueberries

Pre- ordered dietary options available

TONIGHTS PROCEEDINGS

18:00 Cash bar opens for welcome drinks

18:30 Guests take their seats at their table

19:00 Dinner served

21:00 Welcoming Heather Thomas - guest speaker

21:30 Prize Giving and raffle

22:30 Thank you and goodnight

2024 Guest Speaker

HEATHER THOMAS

Sailing is in Heather's blood, coming from a long line of mariners. Growing up in Otley, West Yorkshire, the sea was not close by, so Heather began her journey, dinghy sailing at the local lake, Otley Sailing Club, encouraged by her father. The Andrew Simpson Sailing Foundation gave Heather her first taste of ocean sailing, with a bursary to compete in the Pacific Leg of the 15/16 Clipper Round the World Race. She has since worked in a variety of roles and vessels in the marine industry- from flotilla skipper to teaching young people in the Caribbean.

Maiden has been a big inspiration to Heather throughout her sailing career. Whilst on the Maiden programme she gained her RYA Yachtmaster Offshore (commercially endorsed) and loves inspiring young girls to dream big, a value that was instilled in her by her parents, who continue to be her biggest supporters.



Kala Bint Savage

Follow Heather's epic adventure as she leads an all female crew on the Ocean Globe Race 2023 at www.themaidefactor.org

CHARITY RAFFLE

GALA DINNER

Haven Events Centre
Cowes



Your tickets for the Charity Raffle that will be drawn at the Gala Dinner can be found in your Skipper's pack. One book per crew member is included in your entry to this year's event. Extra tickets can be purchased on the night for £1 each. Please be generous, all the proceeds go towards our four charities.

25% - The Fire Fighters Charity

25% - RNLI

25% - Chosen by the Guest Speaker (to be announced at the Gala Dinner)

25% - Chosen by Winning Teams (to be announced at the Gala Dinner)

ENTER THE RAFFLE FOR
YOUR CHANCE TO WIN | **£1** PER TICKET

This year prizes.....

Day Skipper or Yachtmaster Theory Course – kindly donated by Ardent Training

2x Torches – kindly donated by Coast Torches

One-day mid-week bareboat charter (Oceanis 37) – kindly donated by Fairview Sailing

Refresher/skills weekend or Start Yachting Course – kindly donated by Nomad Training

£50 Luxury Hotel Gift Voucher – kindly donated by Offpeakluxury

Bottle of Mermaid Gin – kindly donated by Sunsail

Bottle of Mermaid Vodka – kindly donated by Sunsail

£30 Helly Hansen Voucher – kindly donated by Sunsail

£40 Helly Hansen Voucher – kindly donated by Sunsail



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PREVIOUS WINNERS

	FIRE SERVICE BOAT (SPINNAKER)			FIRE SERVICE BOAT (ASYMMETRIC)	FIRE SERVICE BOAT (WHITE SAILS)	NON FIRE SERVICE BOAT	SPONSORS BOAT
2023	P Crowther West Yorks	S Coote Hants Phoenix	A Rhodes Hants Zero	M Coupar Cambridgeshire FRS	Jason Deasy Herts FRS	S Doughty SECamb (overall winner)	J & O Brown WH Bence
	Passage Race: S Coote, Hampshire FRS (Spinnaker), C Clark LAS 5 (White Sails)						
2022	P Harney W Yorks 2	A Rhodes Hants Zero	G Wright West Sussex	M Coupar Cambridgeshire FRS	S Antonelli Siren Sisters	M Stevens NWSA2	P Clarke/ J Jones FIA
	Passage Race: P Harney W Yorks 2 (Spinnaker), M Coupar Cam. FRS (Asymmetric) M Stevens (White Sails)						
2019	A Murphy Hants Bulldog	D Sharman London Pride	G Wright West Sussex	H Scutt Warks Police	S Antonelli Siren Sisters	J Daniel The Northern Keelers NWSA2	J Brown WH Bence
2018	S Thompson Dorset & Wilts FRS	A Murphy Hants Boom Hangers	G Wright W Sussex	--	S Antonelli Siren Sisters	M Scott North West Ambulance	J Brown WH Bence
	Passage Race: N. Burchall Hampshire Zero (Spinnaker), C. Richards London 4 (White Sails)						
2017	K Loates Hants 5	A Rhodes Hants 2	G Wright W Sussex	--	G Alder Team Cosmo	M King Met Police (overall winner)	WH Bence
	Passage Race: A Murphy Hants 4 (Spinnaker), E Smith M J Quinn (White Sails)						
2016	M Stead Hants 1	A Murphy Hants 3	A Rhodes Hants 2	--	P Hudson N Yorks	M King Met Police (overall winner)	WH Bence
	Passage Race: George Wright W.Sussex (Spinnaker), Robbie Ellis Scotland 2 (White Sails)						
2015	P Prentice N Ireland	P Crowther W Yorks 1	M Stead Hants 1	--	C Eales LAS 3	M King Met Police (overall winner)	MJ Quinn
	Passage Race: J.Mudd, W. Yorks 3 (Spinnaker) G. Reeve Inspecfire (White Sails)						
2014	G Wright W Sussex 2	D Sharman London 1	P Crowther W Yorks 1	--	A Wolfe Herts 1	M King Met Police (overall winner)	MJ Quinn
	Passage Race: N Harding, London 2						



THANK YOU TO ALL OUR SPONSORS



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RAFFLE SUPPORTERS

Thank you to everyone who donated a wonderful prize for our raffle.....



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